
















NAME: _____

PHASE: _____

DATE OF PLAN: _____

**PROGRAMS FOR PEOPLE, INC.
FRAMINGHAM DAY HOSPITAL**

Effective Week of October 17, 2011

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
9:10	WEEKEND WRAP-UP (9:10-9:45) - Dan - Living Room	MORNING MEETING (9:10-9:30) - Living Room	MORNING MEETING (9:10-9:30) - Living Room	MORNING MEETING (9:10-9:30) - Living Room	WEEKEND PLANNING (9:10-9:45) - Dan - Living Room			
9:30			HISTORY OF MUSIC (9:30-10:15) Marc L. - Living Room 	FAMILY ISSUES (9:35-10:30) Ethan Lg Grp Rm.	LIFE SKILLS GROUP (10:00-10:55) Jess Large Group Room			
10:00 10:30	ANGER & DEPRESSION (10:00-11:00) Dan - Lg Grp Rm 	BOUNDARIES GROUP (10:00-11:00) Barbara Arts Area 	SKILLS & BARRIERS (10:00-10:55) Bob - Living Room	NEWCOMERS GROUP (10:20 - 11:00) Bob Resource Room	AA (closed group) (10:20 - 11:00) Nikki Large Group Room	SPORTS TALK (10:30-11:00) Marc D. - Lg. Grp. Room 		
11:00	LIFE GROUP (closed group) (11:05-12:20) Ethan Small Group Room	ACOA GROUP (11:05-12:00) Meredith Large Group Room	DUAL DIAGNOSIS (11:05-12:00) Sue Porter Large Group Room	ECONOMICAL LIVING (11:00 - 12:00) Ed Arts Area 	LIFE GROUP (closed group) (11:05-12:20) Ethan Small Group Room	STRESS MANAGEMENT (11:05-12:00) Linda Living Room 	NUTRITION EDUCATION (11:00-12:00) Barbara Arts Area 	STRENGTH TRAINING (11:10-12:00) Linda Large Group Room or Parking Lot 
12:00	LUNCH (12:00-1:00)	LUNCH (12:00-1:00)	LUNCH (12:00-1:00)	LUNCH (12:00-1:00)	LUNCH (12:00-1:00)			
1:00	SELF CARE GROUP (1:05-2:00) Jess Large Group Room	VOCATIONAL SEMINAR (1:00-2:00) Sarah Large Group Room	EXPRESSIVE ARTS GROUP (1:00-2:00) Jess Arts Area 	WOMEN'S GROUP ♀ (1:05-2:00) Linda Lg. Group Rm.	MEN'S GROUP ♂ (1:05-2:00) Bob Arts Area	COMMUNITY MEETING (1:00-1:50) Staff & Members - Living Room 	CURRENT EVENTS (1:00-2:00) Ed - Lg Grp Rm 	SUBSTANCE ABUSE GROUP (1:05-1:55) Linda - Arts Area 
2:00	INSPIRATION GROUP (2:05 - 2:50) Ryan - Large Group Room 	RECREATION & LEISURE (2:05 - 2:50) Jess - Large Group Room 	RELATIONSHIPS GROUP (2:05-3:00) Dan Large Group Room	MINDFULNESS COGNITIVE BEHAVIORAL THERAPY (2:05 - 2:50) Jess Large Group Room	WRITING GROUP (2:05-3:00) Dan - Arts Area 			
3:00	NOTE: All groups are available to Phases I, II, and III except Life Group (a closed group) held on Monday and Wednesday.							